



Erasmus+ Programme

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Erasmus+ is the EU's programme to support education, training, youth and sport in Europe. Its budget of €14.7 billion will provide opportunities for over 4 million Europeans to study, train, gain experience, and volunteer abroad.

Set to last until 2020, Erasmus+ doesn't just have opportunities for students. Merging seven prior programmes, it has opportunities for a wide variety of individuals and organisations.

The aim of Erasmus+ is to contribute to the Europe 2020 strategy for growth, jobs, social equity and inclusion, as well as the aims of ET2020, the EU's strategic framework

for education and training.

Erasmus+ also aims to promote the sustainable development of its partners in the field of higher education, and contribute to achieving the objectives of the EU Youth Strategy.

<http://ec.europa.eu/programmes/erasmus-plus>



ApiHealth

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The project Apihealth is implemented under the European Union programme ERASMUS+

The project implementation period is scheduled for 24 months, with the start date on 1st November 2018 and the end on 31st October 2020

Project website:
www.apihealth.eu

About ApiHealth

The project "Apihealth: Improving the professional development opportunities in the Apitherapy sector in terms of health" is implemented under the European Union programme ERASMUS +. The project aims to design apitherapy and bee-based

educational curricula and to develop fully up-to-date educational materials aimed at the use of bee products in alternative medicine, and subsequently to increase beekeepers' income by using bee products in alternative medicine.

The project implementation period is scheduled for 24 months, with the start date on 1st November 2018 and the end on 31st October 2020.

About ApiHealth



The main goals of API-HEALTH are:

- Development of a curriculum based on apitherapy and bee products and developing fully updated educational materials on the use of bee products in alternative medicine
- Development of the ApiHealth e-Learning platform
- Promoting the training of professionals to develop active citizenship, employability and the creation of new entrepreneurial activities (including social entrepreneurship), support future learning and career opportunities for individuals in line with their personal and professional development
- Update and improve trainers' knowledge and support related professional groups and environmental institutions and training centres in education, related to bee products and their use in alternative medicine
- Creating a network of stakeholders at local and regional level
- Increasing the income of beekeepers through the use of bee products in alternative medicine

Expected Results of the Project

Training methodology
ApiHealth Curriculum
Training content on apitherapy
E-Learning platform
Pilot testing course
ApiHealth Handbook

O1: Training methodology - will be prepared in order to define and describe the training activities foreseen in APIHEALTH project.

O2: ApiHealth Curriculum - a model for educational processes on the subject of Apitherapy that refers not only to the content, amount of information and its distribution according to the time schedule, but it also contains guidelines that will try to cover the rest of educational and methodological aspects.

O3: Training content

on apitherapy - training materials which will be written in English by the specific partners in charge of the chapters and then, once tested, evaluated and approved, translated into national languages for the final release

O4: E-Learning platform: main tool for the delivery of the training content

O5: Pilot testing course: the main aim of this pilot course is to evaluate the developed content and adapt it according to the feedback received from the main target

group – farmers, medical staff, municipalities, policy makers, and representatives of environmental foundations and of the human health sector, teachers from adult education centres/institutions (public, private).

O6: ApiHealth Handbook - will be available in printed and electronic off-line version (e-book), in all partner languages and in English. The handbook will consist of the training content adapted after the pilot testing phase.



Project target groups

Direct target groups

- Adult professionals: beekeepers and people interested in apitherapy, retired

people from rural areas who are interested in beekeeping and in apitherapy

Other

- medical sector staff

- vocational education institutions (public, private)
- adult education centres' instructors on beekeeping
- alternative medicine and

food sector related vocational instructors (agriculture, veterinary,

- food-processing)
- environmental foundations and training centres

Project Kick-off Meeting

The 1st transnational meeting within the ApiHealth Project was held in Nitra, Slovakia, from 12th until 13th November 2018 at the premises of the coordinator Agroinstitút Nitra. Representatives of all 7 partner organisations from 6 countries (Slovakia, Poland, Bulgaria, Romania, Spain and Turkey) attended the meeting.

This meeting introduced the partners of the project team and provided the opportunity to discuss all main aspects of the project. At the beginning, Agroinstitút as the coordinator presented main aims, activities and expected outputs that will be developed in next 24 months. Then partners

launched discussion about the organisation of the work flow for next implementation period, the lead partners of specific WPs presented their work according to the agenda and specific actions and tasks were agreed upon by the consortium.



Apitherapy

Apitherapy is a branch of alternative medicine that uses honey and bee products for health benefits, as an effective, affordable and natural treatment. Apitherapy is not only the bee venom. Many people have knowledge about the use of pollen, propolis, and honey to help address specific health conditions.

References to medical properties of bee products can be found in Chinese, Korean, Russian, Egyptian and Greek

traditional medicine practices. Apitherapy has been practiced since the times of Hippocrates and Galen. Today we are experiencing a rare return to nature and rediscovering what nature has been offering us for ages. The effect of bee products such as honey, pollen, royal jelly, perga, propolis and others has a beneficial impact on human health due to its valuable composition and content of biologically active substances. The content of vitamins, enzymes and

microelements in honey is unprecedented within animal products.

Bees have played a great role in biodiversity, nature conservation, in regional economies and in rural culture in almost all European countries. But considering the different situations in each country and the fall in the number of beekeepers, the project will contribute to sustainability all over Europe as well.

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Strategic partnership



Applicant Organisation

Agroinštitút Nitra, štátny podnik (Slovakia)

Agroinstitút Nitra is a training institution under the Ministry of Agriculture and Rural Development of the Slovak Re-

public established in 1967. Agroinštitút Nitra provides a wide range of services especially in the field of lifelong education and agricultural advisory services.

The main strategic goals of Agroinstitút:

- Contribution to human resource development in agricultural sector
- Training of farmers
- Training of agricultural advisers in the field of agriculture and forestry

www.agroinstitut.sk



**AGROINŠTITÚT NITRA
štátny podnik**

Partners



Infocenter (Bulgaria), www.infocenter.tryavna.biz

Infocenter is a Vocational Education and Training (VET) provider, licensed by the National Agency of Vocational Education and Training to the Council of Ministers of Bulgaria. The organization provides licensed trainings for more than 40 qualifications from the national list of professions. Infocenter team members are co-founders of the Local Action Group of the territory (LEADER Program).



Çanakkale Onsekiz Mart Üniversitesi (Turkey), www.comu.edu.tr

Çanakkale Onsekiz Mart University (ÇOMU) was founded in 1992. The university has over 45,000 students participating in a wide variety of programs taught by 1600 academic staff in 10 faculties, 2 polytechnic colleges and 11 vocational colleges. The Faculty of Agriculture at the University of COMU is committed to excellence in graduate, post-graduate education and research, scholarly and professional activities.



Stowarzyszenie ARID (Poland), www.arid.org.pl

Association ARID is a private NGO, working in various areas, especially in vocational education field. Association's main goal is to promote modern knowledge, innovations and enterprise through lifelong learning.



Slovak University of Agriculture in Nitra (Slovakia), www.uniag.sk

The Slovak University of Agriculture in Nitra (SUA) is the only educational and scientific institution of this kind in Slovakia. As the only agricultural university in Slovakia SUA has an exclusive position within the Slovak universities and nation-wide field of activities including beekeeping education.



Asociación para el desarrollo rural de la campiña de Jerez (Spain), www.jerezrural.com

It is a private nonprofit organization with extensive experience and a reference entity in the area. The objective of LAG is to contribute to the achievement of sustainable development of rural municipalities in Jerez de la Frontera, El Puerto de Santa Maria and Puerto Real and promote the development of rural regions in the context of the Regional Center of "Jerez y Bahía de Cadiz".



CPIP - Comunitatea Pentru Invatarea Permanenta (Romania), www.cpip.ro

CPIP is a Romanian NGO that has been working in the area of Lifelong Learning since 2010. It aims at promoting the culture of lifelong learning through active involvement of all community members.